

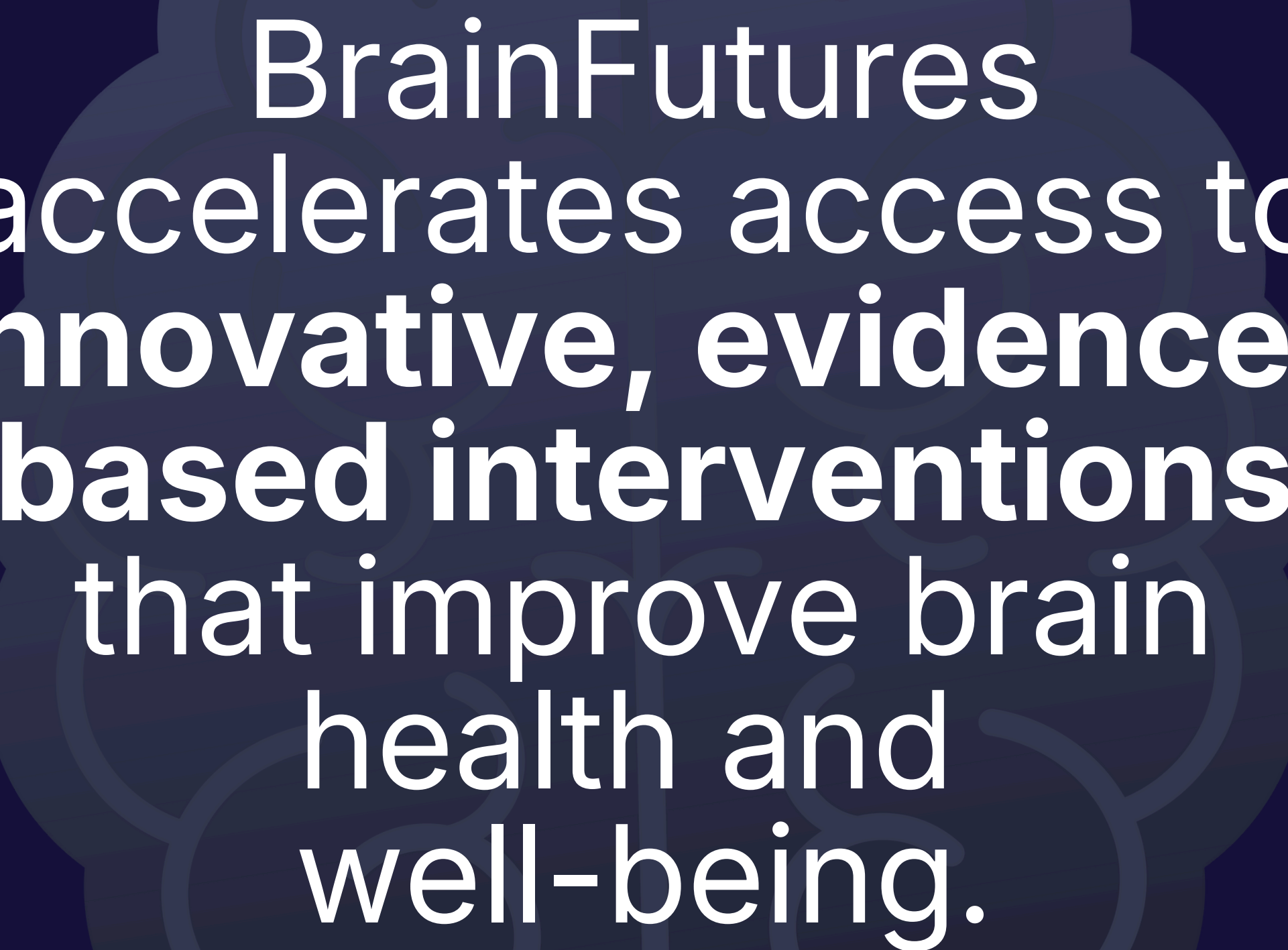
BRAIN FUTURES

ADVANCING BRAIN HEALTH TOGETHER



The Moments That Made An Impact In 2025

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BrainFutures
accelerates access to
innovative, evidence-
based interventions
that improve brain
health and
well-being.

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Building on our national Call to Action, BrainFutures implemented and evaluated **ACTIVATE™**, one of the most effective interventions to promote executive function among youth.



Neuroscience in the Classroom

Our executive function intervention includes **ACTIVATE™** computer-presented games to train cognitive skills, classroom-based physical exercises to train the same cognitive skills, state-of-the-art cognitive assessments to help individualize instruction, and a real-time data portal.



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Real World Results

BrainFutures' youth executive function intervention, ACTIVATE™, demonstrated statistically significant improvements in working memory, self-control, and attention. Students who started with deficits in executive function experienced a:

- 93% improvement in working memory
- 45% improvement in self-control
- 15% improvement in attention



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Parents & Teachers Felt the Impact

"I've noticed students can recall instructions and information more readily, demonstrating improved capacity to hold and manipulate information in their minds."

-Special Ed paraeducator

"His academic improvement was much better and today he participates more actively in school."

-4th grade parent



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Accelerating Our Work

Project Director, Jessica Rose-Malm, presented insights from this intervention at leading conferences alongside Bruce Wexler, MD, creator of ACTIVATE™ and Professor Emeritus of Psychiatry at Yale University School of Medicine.



Also, Kadena Williams, MPH, CHES, joined the team as a Project Manager to help accelerate our work.



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**Building Momentum for
Psychedelics**

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Psychedelic Therapies

We're building an on-ramp for clinical access to psychedelic therapies post-FDA approval.



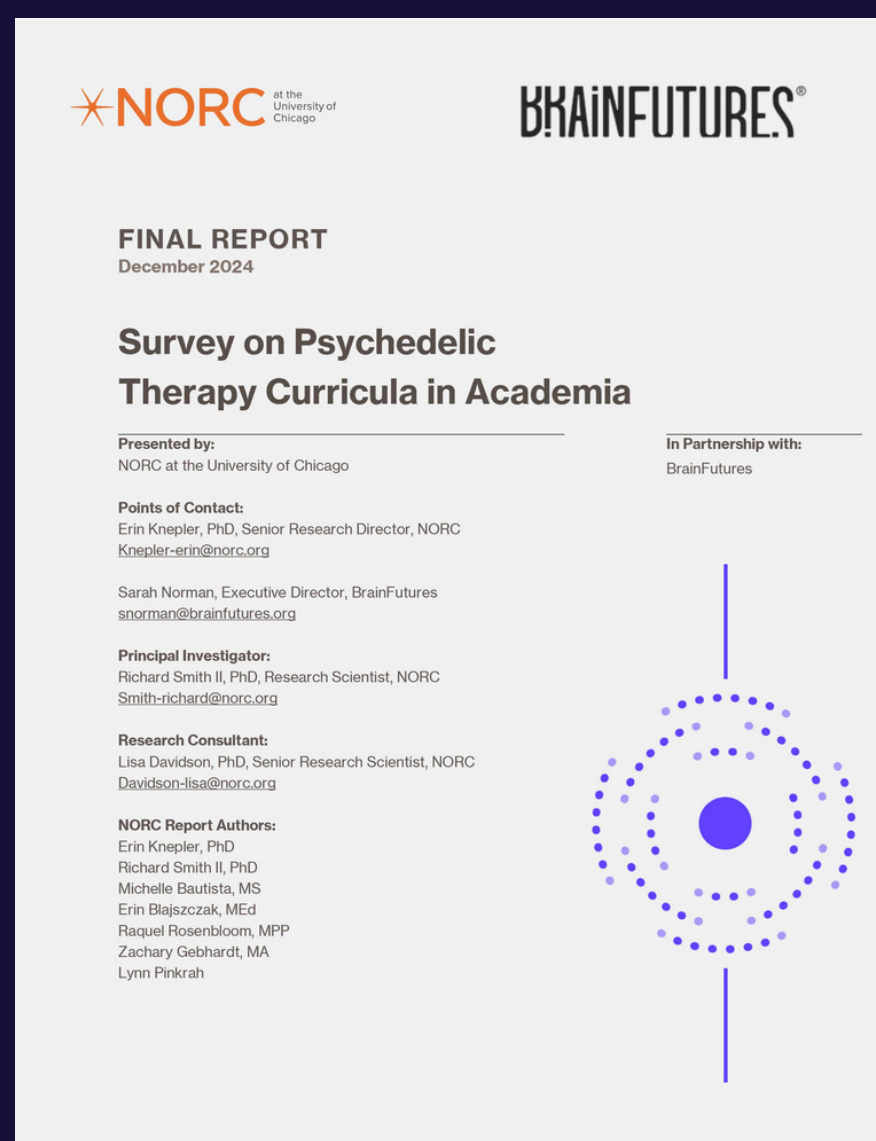
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Nationwide Insights



For *Scaling Psychedelic Therapies in the Health System*, we surveyed clinicians across 15 states and identified likely barriers to and facilitators of the adoption of psychedelic therapies.

In a survey of 5,000 academic leaders, three-fourths (74.7%) of respondents said free access to PAT-related curricula would help expand or further develop programs.



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Sparking Conversation

BrainFutures' hosted virtual Provider Roundtables for early adopters to share insights about care models, operational logistics, and more.



*"As a psychologist, I know how urgently our field needs more options for people who are suffering, but there's a lot more to offering a new treatment than just seeing promising trial data. **BrainFutures' Provider Roundtables** are providing a forum to share my expertise and learn from fellow pioneers in this field."*

-Jodie NewDelman, PsyD

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Advancing Policy

Our nonpartisan nonprofit served as a trusted voice for Members of Congress on psychedelic medicine and other emerging mental health treatments.

In collaboration with the Addiction, Treatment, and Recovery Caucus, we led a Congressional Briefing on psychedelic therapy.



Psychedelic Reforms

We successfully supported reforms to streamline research on Schedule I drugs, including psychedelics, and in December, presented recommendations at the Senate Committee on Veterans' Affairs Roundtable to help the Veterans Administration prepare for the clinical rollout of psychedelics.



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What We're Watching

Bipartisan bill, the Freedom to Heal Act, introduced by Senators Cory Booker (NJ) and Rand Paul (KY) in the Senate and Representative Madeleine Dean (PA) and Nancy Mace (SC) in the House. Supported by Reason for Hope, BrainFutures and leading Veterans' organizations, national brain health leaders, clinicians, and researchers.



It would create a clear, DEA-regulated path for physicians to administer Schedule I substances to patients with life-threatening conditions under the federal Right to Try law.

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Driving Momentum

Our team elevated BrainFutures' research on national stages at leading conferences and with key working groups to accelerate industry-wide momentum.



*"BrainFutures is **providing hope** for so many people by paving the way for psychedelic therapies to enter clinical practice. I was proud to work with a multidisciplinary team of clinicians and BrainFutures on the Professional Practice Guidelines for Psychedelic-Assisted Therapy, a **first-of-its-kind document** in the United States that provides clear guidance to the psychedelic therapy workforce, supporting safe, effective care."*

-Andrew Penn, MS, PMHNP-BC

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